



**12-13TH NOVEMBER 2022**  
**RGPAS ANNUAL CONFERENCE #RGPAS22.**  
at the Craigmorie Hotel, Inverness / Online

**Rural GPs Association of Scotland**

The annual RGPAS conference returns with an exciting programme of guest speakers, covering a wide range of themes.

Updates, good food, great company, and some thought-provoking chat!

We look forward to welcoming all GPs / would-be GPs and clinicians working in rural Scotland either in person or online.

**NEWS!! ONLINE attendance now FREE**

**Programme includes:**

**BASICS Pre - Hospital Emergency Care**- 3D Major Incident mock- up, with triage scenarios and updates including hypothermia.

**Future of Rural General Practice** - National Centre for Remote and Rural Health and Social Care; Dispensing.

**Clinical** - HRT and palliative care updates

**Technology** - Respiratory Pathfinder Project

**Recruitment** - Reports from the Rural fellows

**Conferences** - Report from WONCA Limerick 2022

**Global** - Volunteering in Ukraine; Sustainable Health

**Social** - Conference dinner; Early morning sea swim; meet the Rural GPs of tomorrow; Rural Fellows; medical students; GP Trainees; our next locum; **Annual General Meeting for members (new members welcome).** [Tickets here on Eventbrite](#)

[TICKETS HERE](#)

Craigmorie Hotel - Inverness  
or Online.

Conference dinner on  
Saturday

Annual General Meeting for  
members ([JOIN RGPAS HERE](#))

Open to:  
RGPAS MEMBERS / NON-  
MEMBERS/ RURAL CLINICIANS  
/ DOCTORS IN TRAINING /  
FIRST 5S / MEDICAL  
STUDENTS



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Programme

DAY ONE	SATURDAY NOVEMBER 12TH	DAY TWO	SUNDAY NOVEMBER 13TH
09:00-09:15	Welcome - Chair - Dr Alida Macgregor	07:15-08:45	Early morning swim at Rosemarkie Beach (for those keen to learn first-hand about hypothermia). Followed by hot breakfast.
09:15-10:00	HRT Update - Dr Hame Lata, Consultant and Menopause Specialist, NHS Highland	09:00-09:15	Welcome - Chair - Dr Alida Macgregor
10:00-10.30	Technology Enabled Care Respiratory Pathfinder Project - Professor Sarah-Anne Munoz and Dr Rowena Cooper	09:15-11:00	BASICS Pre-Hospital Emergency Care scenario teaching/interactive sessions, Triage + Major incident mock-up.
10:30-11:00	BREAK and meet your mentor/mentee	11:00-11:30	BREAK
11:00-11:30	Rural Fellows in Scotland - a presentation of experiences	11:30 - 12:45	BASICS Pre-Hospital Emergency Care scenario debrief and hypothermia update.
11:30- 12:15	Palliative Care - use of Ketamine to manage pain- Dr Jeremy Keen, Highland Hospice End of Life Together - Michael Loynd Macmillan EOLCT Project Director	12:45-13:00 Conference Close - Dr Alida MacGregor. 13:00 LUNCH and depart	
12:15- 12:45	WONCA student presentation - Jonty Eaton-Hart		
12:45 - 13:45	LUNCH	<p>Welcome from the Chair, Dr Alida MacGregor.</p> <p>Welcome to our annual conference #RGPAS22</p> <p>We are delighted to see you congregate online and in Inverness again in 2022. We hope our programme is helpful as well as offering time to reflect, provide or receive support, and generate ideas from rural colleagues everywhere.</p> <p>With all good wishes, Alida</p> 	
13:45 - 14:15	Deep Dive into Dispensing and report from the Dispensing working group.		
14:15-15:00	National Centre for Remote and Rural Health and Social Care - Dr Emma Watson MD NES and New Rural Centre		
15:00-17:00	RGPAS AGM members (including tea break)		
	Students - interactive sessions/presentations		
17:00-17:30	Sustainability in Health and how we can all make changes - Dr Alice Scriven - GP, Ullapool		
17:30-18:00	Medical volunteering experience in Ukraine - Professor Angus Watson, Colorectal Surgeon, NHS Highland.		
19:00	Conference Dinner (pre-booking necessary)		