



17-19TH NOVEMBER 2023
RGPAS ANNUAL CONFERENCE #RGPAS23
at the Craigmonie Hotel, Inverness / Online

Rural GPs Association of Scotland

The annual RGPAS conference returns with an exciting programme of guest speakers, covering a wide range of themes.

Updates, good food, great company, and some thought-provoking chat!

We look forward to welcoming all GPs / would-be GPs working in rural Scotland either in person or online.

Programme (subject to change) includes:

Clinical

- Life as a rural GP locum - Dr Rebecca Payne;
- Environmental Hazards - Dr James Douglas;
- MECOPP.org.uk Gypsy/Traveller Community healthcare needs;
- BASICS Pre - Hospital Emergency Care- Paediatric emergencies

The Future of Rural General Practice

- How NES is helping remote /rural GPs - Professor Emma Watson;
- Rural Healthcare debate with MSPs

Recruitment

- Crisis? What crisis?

RGPAS AGM for members - *New members welcome!* **JOIN RGPAS**

Student sessions / Poster Sessions - [See here for details](#)

SOCIAL - with plenty of opportunity for a blether/networking!

- Friday 17th (informal). 4pm Career stories. Curry 7pm
- Saturday Conference dinner and ceilidh.
- Sunday Early morning sea swim.

[Tickets HERE on Eventbrite](#)

TICKETS

Craigmonie Hotel - Inverness
or Online.

Conference dinner on
Saturday

Annual General Meeting for
members **JOIN RGPAS**

This year, owing to limited
venue capacity, the
conference is only open to:
RGPAS MEMBERS / NON-
MEMBER GPs / DOCTORS IN
TRAINING / FIRST 5S /
MEDICAL STUDENTS



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[#RGPAS23](https://twitter.com/RuralGPscot)
www.RuralGP.scot

DAY ONE	SATURDAY, NOVEMBER 18TH	DAY TWO	SUNDAY, NOVEMBER 19TH
09:00-09:15	Welcome - Dr Alida Macgregor	07:15-08:45	Early morning swim at Rosemarkie Beach (for those keen to learn first-hand about hypothermia). Followed by hot breakfast.
09:15-10:00	Life as a rural locum - Dr. Rebecca Payne - (Remote from Wales).	09:25-09:30	Welcome - Dr Alida Macgregor
10:00-10.30	<u>QI/Poster presentations</u> , open to delegates and students Submission by 20th September.	09:30-11:00	BASICS Pre-Hospital Emergency Care Paeds. scenario teaching/interactive sessions, Triage + Major incident mock-up. (Student casualties).
10:30-11:00	BREAK and meet your mentor/mentee	11:00-11:30	BREAK
11:00-11:45	Environmental Hazards - Dr James Douglas	11:30 - 12:45	BASICS Pre-Hospital Emergency Care scenario debrief.
11:45- 12:30	Gypsy / Traveller community - healthcare needs. MECOPP.org.uk	12:45-13:00 Conference Close - Dr Alida MacGregor. 13:00 LUNCH and depart	
12:30 - 13:00	Student presentation (TBC)		
13:00 - 13:45	LUNCH + Posters	<i>Informal / Social on Friday 17th - arrive at 4pm until 7pm, followed by curry in Inverness.</i> Welcome from the RGPAS Chair, Dr Alida MacGregor. #RGPAS23 <i>We are delighted to see you congregate online and in Inverness again in 2023. We hope our programme is helpful in offering time to reflect, provide or receive support, and generate ideas from rural colleagues everywhere.</i> With all good wishes, Alida	
13:45 - 14:15	How NES is helping remote and rural GPs - Prof. Emma Watson MD. NES		
14:15-15:00	Recruitment slot - Crisis? What Crisis?		
15:00-17:00	<ul style="list-style-type: none"> • RGPAS AGM members (including tea break) • <i>Session for students and election of next years' student reps.</i> • <i>Team building session for rural fellows.</i> 		
	Rural Healthcare debate with MSPs from five main political parties		
17:00 -18:00	Conference Dinner followed by Ceilidh (pre-booking essential).		
19:00			