



17-19TH NOVEMBER 2023
RGPAS ANNUAL CONFERENCE #RGPAS23
at the Craigmonie Hotel, Inverness / Online

Rural GPs Association of Scotland

The annual RGPAS conference returns with an exciting programme of guest speakers, covering a wide range of themes.

Updates, good food, great company, and some thought-provoking chat!

We look forward to welcoming all GPs / would-be GPs working in rural Scotland either in person or online.

Finalised Programme (subject to change) includes:

Clinical

- “After the teleconsultation, combining research with island practice to find a **REMEDY** for medicines supply in remote settings”- *Dr Rebecca Payne*;
- “Interacting with the environment” - *Dr James Douglas*;
- MECOPP.org.uk Gypsy/Traveller Community healthcare needs;
- BASICS Pre - Hospital Emergency Care- Major Incident with Paediatric Triage.

The Future of Rural General Practice

- Update on the Centre for Rural Health and Social Care - *Professor Emma Watson*;
- Rural Healthcare debate with 5 MSPs

Recruitment

- Crisis? What crisis?

RGPAS AGM for members - *New members welcome!* **JOIN RGPAS**

Student sessions / Poster Sessions

SOCIAL - with plenty of opportunity for a blether/networking!

- Friday 17th (informal). 3pm start online session with *Dr Gavin Francis*. Career stories with *Dr Klara Weaver* and *Dr Jacqueline Bennebroek*. Curry 7pm
- Saturday Conference dinner and ceilidh.
- Sunday Early morning sea swim.

31/10/2023

TICKETS

Craigmonie Hotel - Inverness
or Online.

Conference dinner on
Saturday

Annual General Meeting for
members **JOIN RGPAS**

This year, owing to limited
venue capacity, the
conference is only open to:
RGPAS MEMBERS / NON-
MEMBER GPs / DOCTORS IN
TRAINING / FIRST 5S /
MEDICAL STUDENTS



hello@ruralGP.scot
@RuralGPscot
#RGPAS23
www.RuralGP.scot

DAY ONE	SATURDAY, NOVEMBER 18TH	DAY TWO	SUNDAY, NOVEMBER 19TH
09:00-09:15	Welcome - Dr Alida Macgregor	07:15-08:45	Early morning swim at Rosemarkie Beach Followed by hot breakfast.
09:15-10:00	<i>“After the teleconsultation, combining research with island practice to find a REMEDY for medicines supply in remote settings”</i> - Dr. Rebecca Payne	09:25-09:30	Welcome - Dr Alida Macgregor
10:00-10.30	<u>QI/Poster presentations,</u>	09:30-11:00	Pre-Hospital Emergency Care interactive session -Paediatric Emergencies with Craig Lithgow of BASICS Scotland.
10:30-11:00	BREAK and meet your mentor/mentee	11:00-11:30	BREAK
11:00-11:45	<i>“Interacting with the environment”</i> - Dr James Douglas	11:30 - 12:45	BASICS Pre-Hospital Emergency Care scenario debrief.
11:45- 12:30	Gypsy / Traveller community - healthcare needs. MECOPP.org.uk	12:45-13:00 Conference Close - Dr Alida MacGregor. 13:00 LUNCH and depart	
12:30 - 13:00	1) Presentation - Heather Wightman, Co-President, GURRMS 2) Single Handed GP Project - Dr Gordon McLeay		
13:00 - 13:45	LUNCH + Posters	<p><i>Informal / Social on Friday 17th - Starting at 3pm until 7pm, followed by curry in Inverness.</i></p> <p><i>We are delighted to see you congregate online and in Inverness again in 2023.</i></p> <p><i>We hope our programme is helpful in offering time to reflect, provide or receive support, and generate ideas from rural colleagues everywhere.</i></p> <p>With all good wishes, Dr Alida MacGregor, Chair RGPAS</p>	
13:45 - 14:15	Update on the Centre for Rural Health and Social Care - Professor Emma Watson MD. NES		
14:15-15:00	Recruitment slot - Crisis? What Crisis? - Dr Alida MacGregor		
15:00-17:00	<ul style="list-style-type: none"> • RGPAS AGM members (including tea break) • <i>Session for students and election of next years’ student reps.</i> • <i>Team building session for rural fellows.</i> 		
	Rural Healthcare debate with five MSPs - Chaired by Dr Miles Mack.		
	17:00 -18:00		
19:00	Conference Dinner followed by Ceilidh		