



**15-17th November 2024**

**RGPAS ANNUAL CONFERENCE #RGPAS24  
at the Craigmonie Hotel, Inverness / Online**

### **Rural GPs Association of Scotland**

The annual RGPAS conference returns with an exciting programme of guest speakers, covering a wide range of themes. Updates, good food, great company, and some thought-provoking chat!

We look forward to welcoming all GPs / would-be GPs and medical students either in person or online.

- Use of Ultrasound in Rural General Practice
- KEYNOTE: Body weight and type 2 diabetes - Professor Roy Taylor
- Humanitarian crisis with refugees in Calais
- Resilience and GP Wellbeing - interactive session/workshop (inc.NHS Practitioner Health)
- The improving recruitment of GP Trainees
- Career stories from 3 Rural GPs
- EMRS - packaging casualties for transfer - a hands-on major scenario
- Report on the National Centre for Rural and Remote Health and Care
- Poster display and presentations of each winning category
- Annual General Meeting for members (new members welcome)

**[Tickets here on Eventbrite](#)**

**[TICKETS HERE](#)**

**Craigmonie Hotel -  
Inverness or Online.**

**Conference dinner on  
Saturday**

**Annual General  
Meeting for members  
([JOIN RGPAS HERE](#))**

**Open to:  
RGPAS MEMBERS / NON-  
MEMBERS/ RURAL  
CLINICIANS / DOCTORS IN  
TRAINING / FIRST 5S /  
MEDICAL STUDENTS**



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[#RGPAS24](#)  
[www.RuralGP.scot](http://www.RuralGP.scot)**

DRAFT Programme - may be subject to change.

Time	Friday	Session	Time	Saturday	Session	Time	Sunday	Session
						07:30	Sea Swim @ Rosemarkie beach	meet/ car share to leave hotel @07:30
13:30 14:00	Registration		08:30 09:00	Registration	Registration		Registration	Registration
14:00 14:15	Welcome from RGPAS Chair	Dr Alida MacGregor	09:00 09:15	Introduction by Chair	Dr Alida MacGregor	09:30 10:00	Tea / Coffee/Breakfast	Tea / Coffee/Breakfast
14:15 15:00	Use of Ultrasound in Rural GP	Dr Luke Regan.	09:15 10:45	Body weight and type 2 diabetes: Seeing the wood from the trees.	Professor Roy Taylor	10:00 11:15	Emergency Medical Retrieval Service (EMRS) Interactive session	Dr Pam Hardy, followed by student casualties and interactive / packaging for retrieval session
15:00 15:30	Career Stories	Dr Dylan Murphy	10:45 11:15	Tea / Coffee	Tea / Coffee	11:15 11:45		
15:30 16:00	Tea / Coffee	Tea / Coffee	11:15 11:45	Update on GP Training	Dr Debbie Miller	11:45 13:00		
16:00 16:30	Career Stories	Dr Catherine Todd	11:45 12:15	Poster presentations from the winners	3 x 10 minutes	13:00	Conference close	Dr Alida MacGregor
16:30 17:00	Career Stories	Dr Peter Von Kaehne	12:15 12:30	Update on National Centre for Rural and Remote Health and Care	Speaker TBC	13:15	Lunch	Lunch
17:00 18:00	Humanitarian Presentation - looking after refugees in Calais	Dr Tamsin Drew	12:30 13:30	Lunch / Networking	Lunch / Networking			
19:00	Meet up for a curry in Inverness		13:30 14:45	Facilitated Interactive Innovation Session on Resilience and GP Wellbeing	Dr Alida MacGregor Dr Liz Croton Dr Richard Jones			
			15:00 17:00	RGPAS AGM / parallel breakout sessions	Allocated breakout sessions			
			17:00	Informal networking	Informal networking			
			19:00 19:30	Meet in Craigmorie bar area	Dinner followed by Ceilidh @Craigmorie			

