#RGPAS2026 CONFERENCE PROGRAMME

FRIDAY		
13:00 – 14:00	**Registration**	
14:00 – 14:15	**Welcome from the Chair**	Dr Alida MacGregor – Chair of RGPAS
14:15 – 15:30	**Career Stories x 4**	Dr Daire Magorrian | Dr Kate Dawson | Dr Andrew Mahon | Dr Peggy Chua
15:30 – 15:50	**Comfort Break and refreshments**	
15:50 – 16:20	**Clinical**	Dr Gordon Linklater – The Highland Hospice | Management of Nausea |
16:20 – 16:50	**Clinical**	Dr Sebastian Wallace | An update on CALOR: the Compound Assessment of Liver Outpatient Referrals |
16:50 – 17:40	**Humanitarian Session with Panel and Q&A**	Dr Fiona Mitchell | Dr Maris Buchanan |Dr Gail Haddock
17:40 – 18:00	**Movement Session**	Introducing - Bella Trythall from Tiree
SATURDAY		
08:30 – 09:00	**Light Tea & Coffee / Exhibitors**	An opportunity to visit the exhibition stands and view the posters
09:00 – 09:15	**Welcome from the Chair**	Dr Alida MacGregor – Chair of RGPAS
09:15 – 10:30	**Clinical Hot Topics × 2**	Dr Sharon Brown – Consultant Psychiatrist NHS Highland on ADHD |Dr Beth Sage – Consultant Respiratory Physician NHS Highland on Advances in Oncology |
10:30 – 11:10	**Poster Presentations x 3**	Winners of the competition for each category will present their poster.
11:10 – 11:30	**Comfort Break and refreshments**	
11:30 – 11:55	**Sponsor sessions – (self-selected)**	• **X-ON Health** with Danielle Henderson - **MacDONALD SUITE**| • **Davidson Chalmers Stuart -DCS Legal** with Nathan Adam & Lisa Kitson|**ANDERSON ROOM|**
11:55 – 12:15	**Update on GP Training**	Dr Debbie Miller |GP Fellowship Co-Ordinator, Public Services Delivery Scotland (PSDS)
12:15 – 13:15	**Lunch / informal networking**	
13:15 – 14:30	**Keynote Session**	Dr Rowena Christmas MBE | "A Fortunate Woman, A reflection on narrative medicine, the art of listening to stories and the joy of general practice".
14:30 – 14:50	**Movement Session**	Bella Trythall|
14:50 - 15:00	**Comfort Break and refreshments on the move…**	Please ensure you arrive at your parallel session on time| **Reconvene at 16:45**

15:00–16:45 \| PARALLEL SESSIONS: ***please reconvene in main conference room at 16:45 to introduce the newly appointed RGPAS committee representatives.***

RGPAS AGM – RGPAS MEMBERS and invited guests in the Main Conference area – **MacDONALD SUITE**
Students Session — UG leads: Jazmin Gentry / Sarah-Louise Brogan + Guests **– ANDERSON ROOM**
Rural Fellows Session — Dr Debbie Miller / Dr Connor Gamble + Guests – **TAPESTRY ROOM**
Drs in Training Session — Dr Aisling Holland / Dr Amber Whyte + Guests – **VICTORIA ROOM**

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SATURDAY EVENING & SUNDAY

SATURDAY EVENING		
17:00 – 17:30	**Falls Prevention**	Bella Trythall | Dr Mike McIver
17:30 – 17:45	**Update from the BMA/SGPC on GP Funding**	Dr Al Miles
17:45 – 18:00	**Plenary and Close**	Dr Alida MacGregor – Chair of RGPAS
18:45 – 19:00	**Meet in hotel bar**	
19:00 – 22:30	**Dinner / Ceilidh at 20:30 – 22;30**	
SUNDAY		
07:30 – 09:30	**Loch Swim – informal arrangements for sign up and car sharing on the day**	
09:30 – 10:00	**Tea / coffee + breakfast for swimmers**	

10:00 – 12:45 | MEDICAL EMERGENCY INTERACTIVE SCENARIO – (MacDonald Suite and Victoria Room}
Obstetric emergencies and neonatal resuscitation — SMMDP Team
Practical circuit. 5 workshops plus drinks stations.

Stations: Unplanned out of hospital birth| Supporting neonatal transition at birth **|** Antenatal bleeding (focussing on early pregnancy) | Hypertension/Pre-eclampsia| Abdominal pain in pregnancy

12:45 – 13:00	**Plenary and Close followed by lunch**	Dr Alida MacGregor – Chair of RGPAS

Programme timings and session details are subject to confirmation.